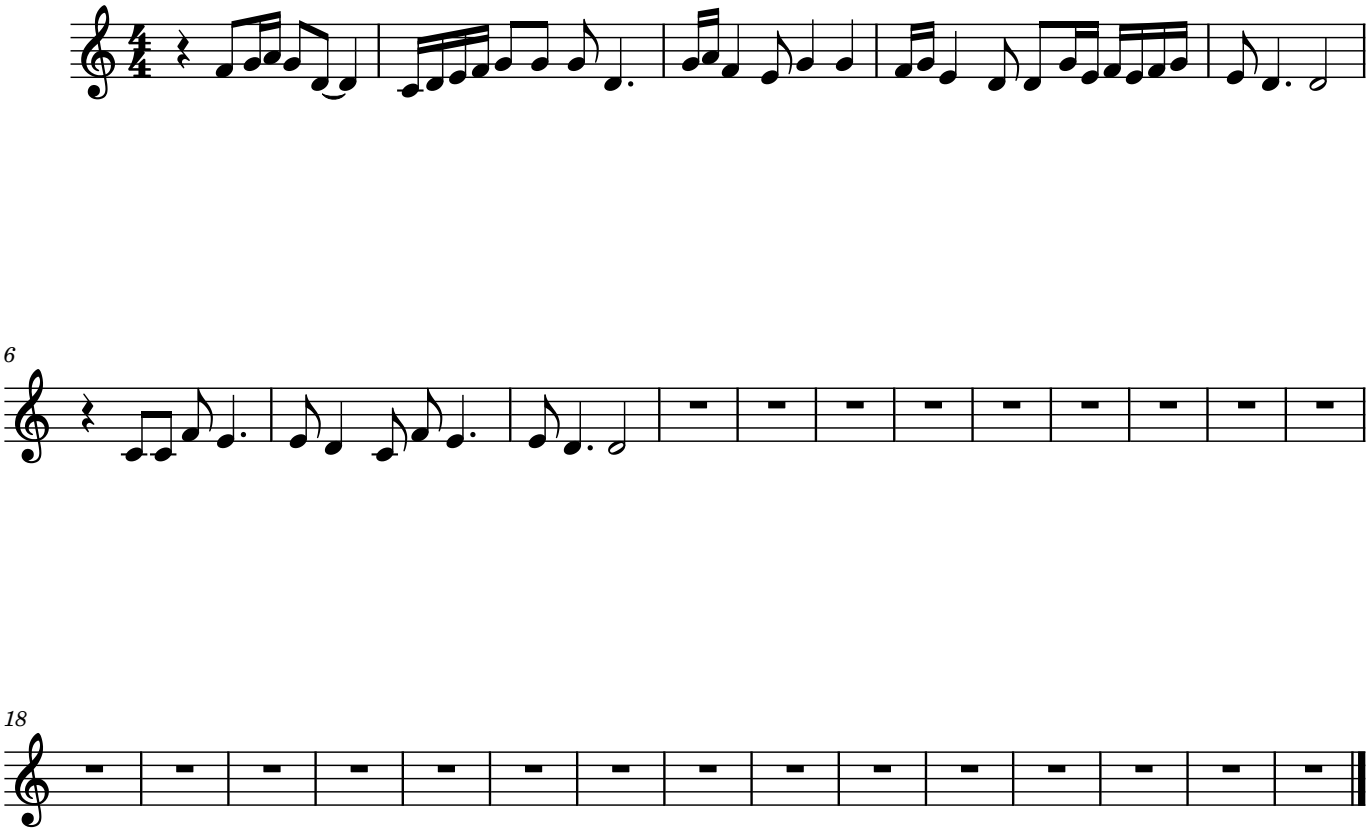Sen Bir Aysın